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## From the Principal

Dear Parents and Carers,

We have had a fabulous start to Term 4. All our students have returned to school refreshed and ready to learn. We have some exciting new programs running this term. **Mrs Gagg** introduced a new Robotics Program to the teachers last week for students to use in lessons for the next 8 weeks. Students can program Lego, Blue Bots and Dash robots.

**Miss Boyd** and **Mrs Verschoor** introduced a new Aboriginal Educational Interactive Program called Wingaru Kids for use by all students and classes. This exciting interactive program is for all students K-6.

**Rathmines Fun Fair** on Saturday 19<sup>th</sup> October was a huge success. A big thank you to our wonderful P&C for their organisation, preparation and running of the fete. A very big thank you also to our terrific

### Vision Statement

Rathmines Public School's vision is to pursue and celebrate excellence in all areas and to ensure everyone has the opportunity to experience success within a supportive, safe and engaging learning environment which embraces the creative and productive use of technology and is free from all forms of discrimination. Our vision is to educate students for life by fostering their sense of wellbeing and developing their personal values of honesty, resilience, empathy, respect and responsibility.

## From the Principal cont'd

teachers who organised and ran class and grade stalls to add to the overall fun and fundraising on the day. Final figures for the fund raising will be announced by the P&C soon.

### Grandparents Day

This **Friday, 25<sup>th</sup> October**, we will once again invite our very special Grandparents, parents and carers to Grandparents Day. The students will be sharing their work, classrooms and several performances during the day. The program for the day includes:

9.30am Open Classrooms

10.15am Morning Tea for all our visitors

10.50am Grandparents Assembly

11.20am Shared Picnic lunch

A big thank you to **Mrs Maretich** and **Mrs Bristow** for all their work bringing this wonderful day together.

### K-2 Sports Day

Grandparents Day is followed by the K-2 Sports Day. This wonderful event involves all of our Kindergarten to Year 2 students competing in age races and having fun in rotational sporting activities. **Mrs Cawley** and **Mrs McNamara** have put together an exciting program for our students. The sports day **commences at 12.15pm** after the shared picnic lunch for Grandparents Day. This year we will again conclude our sports day with the **Rathmines Ball Games Challenge**.

We hope to see you at the sports day. Don't forget to bring your joggers for the Ball Games Challenge!

### Creating Chances for Year 5

Creating Chances is a new program which has commenced this week for our Year 5 students. The program aims to inspire, develop and empower young people to believe in themselves so they contribute positively to society and create positive change in the world. Creating Chances is designed to build confident, capable and future-ready young people. Using sports to explore personal development, community building and social change. The program allows children to explore core skills in a fun and safe environment, and equips them with the tools required to achieve their goals in life.

### School Maintenance Program

Our school has some scheduled maintenance programmed to start shortly. The maintenance will include some painting, replacing some garden borders and cracked bitumen up near the Stage 2 rooms and on the basketball court. There will be some minor disruptions, but we let you know when we have a starting date.

### Band

Congratulations to the fabulous band members. **Mrs Seymour** and the band members went to Bandfest this week. Please read Mrs Seymour's report on all the band happenings.

I'm looking forward to the rest of our busy Term 4.

Best wishes,

*Cathie Ruecroft*

Relieving Principal

## BANDFEST

The wonderful sounds of the Rathmines School Band could be heard at Bandfest at the Lake Macquarie Performing Arts Centre on Tuesday morning. Our school band entered the Preliminary Smaller Band section and to their credit were awarded a commendation in their section. The band would like to thank **Mrs Trish O'Hearn** for always encouraging our members, and for her musical expertise and band leadership. The band is also supported by our amazing band tutors Riley Wells, Meldi Arkinstall, Mark Pinner, Isaac Glover, Catherine Harley and Trish O'Hearn.

I would like to congratulate the band for their exemplary behaviour while representing Rathmines School as well as their fabulous performance results.

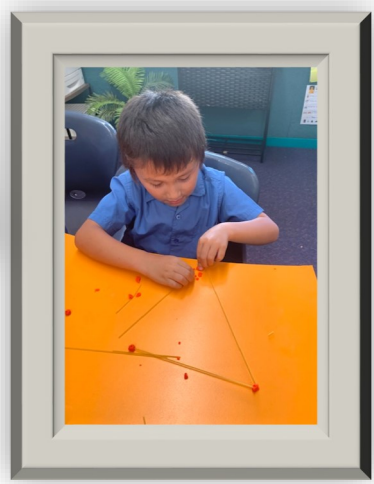
Band Coordinator,  
Cherylin Seymour



# SCIENCE FUN



K/1R HAD SOME  
FUN LOOKING AT  
THE STRENGTH  
OF SPAGHETTI



# GRANDPARENTS DAY

## Grandparents / Open Day and K-2 Sports Carnival 2019

Dear Grandparents, Parents and Carers,

The students and staff of Rathmines Public School invite you to our school **Grandparents/Open Day and K-2 Sports Carnival**. The students would love you to see their classrooms, share some performances and have a picnic lunch with us. You can join us for part, or all of the day.

**Date : Friday 25th October, 2019**

The program for the day is below.

9.30am - 10.15am	<b>Open classrooms</b>
10.15am	<b>Morning Tea for all visitors</b>
10.50am	<b>K-6 Grandparents Assembly</b>
11.20am	<b>Shared picnic lunch</b>
12.15pm	<b>K-2 Sports Carnival on the Oval</b>

Please come and join with us to celebrate our wonderful school and the valuable contribution of our Grandparents.

# 2020 SCHOOL TRAVEL APPLICATIONS

Applications for student travel in 2020 opened on Friday, 11 October 2019.

Students progressing to year 3 and year 7 no longer need to re-apply *if* they:

- are continuing at the same school
- are residing at the same address
- have *not* been sent an expiry notification from Transport for NSW.

Where a student meets the new distance eligibility, the system will automatically update their entitlement. If they do not meet the new eligibility, they will receive an expiry notification via email.

Students who have an entitlement approved under a medical condition which is due to expire will receive a notification advising them to re-apply.

Term Bus Pass holders will receive a notification to re-apply.

If students need to update their information or re-apply, they should go online to <https://apps.transport.nsw.gov.au/ssts/updateDetails>

Applications need to be submitted before 31 December 2019 to ensure student entitlements are updated and their current entitlement/card is not cancelled. If their application is submitted after 31 December 2019, the system will automatically cancel an entitlement/card and a new one will need to be issued.

Students in the Opal network applying for a SSTS or Term Bus Pass entitlement for the first time will receive their card at their nominated postal address. Cards will be mailed out from January 2020.

## MAKING A PAYMENT?

To pay by card simply go online to <https://rathmines-p.schools.nsw.gov.au/>

In the MAKE A PAYMENT tab enter your child's name and date of birth to begin the process.

Cash and EFTPOS are accepted at the school office before 3pm.



## STUDENT ABSENCES

Parents will receive a message via SMS if their child is marked absent at roll call. Please reply to the message to explain the absence.

## STUDENTS ARRIVING LATE OR LEAVING EARLY



must be signed in or out at the office by a responsible adult. Parents will receive an email notification if their child has arrived late to school unaccompanied by an adult. Please reply with an explanation.

## IMPORTANT DATES

DATE	EVENT
Friday 25th October	<ul style="list-style-type: none"> <li>• Grandparents Day</li> <li>• Open Classrooms</li> <li>• Infants Sports Day</li> </ul>
Tuesday 29th October	Regional Tennis finals
Wednesday 30th October	Year 5 Linkage Day at Toronto High School
Thursday 31st October	Cricket Blast Cup stage 2 and 3
Friday 1st November	Infants Assembly 2.15pm
Monday 4th November	Primary Assembly 2.15pm
Wednesday 6th November	Kinder 2020 Parent Information Evening 5pm
Friday 8th November	Sport Teams & Year 6 Photos

## END OF YEAR DATES

DATE	EVENT
Thursday 5th December	Thank You morning tea and Kinder concert
Wednesday 11th December	<ul style="list-style-type: none"> <li>• Affirmation Assembly K-2 9.30am in the hall</li> <li>• Affirmation Assembly Yrs 5-6 12pm in hall</li> </ul>
Thursday 12th December	Affirmation Assembly Yrs 3-4 in the hall
Friday 13th December	Presentation Day at Avondale, Cooranbong
Monday 16th December	Party Day / K-2 Movie Day
Tuesday 17th December	Year 6 Farewell
Wednesday 18th December	<ul style="list-style-type: none"> <li>• Year 6 clap-out 2.30pm</li> <li>• Last Day of school for all students</li> </ul>

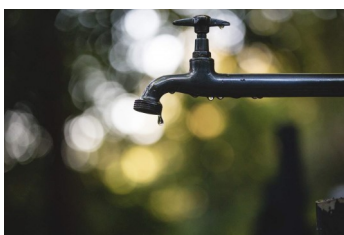
## CANTEEN ROSTER

Friday 25th October	R.Jenkins(am), S.Matthews, J.Gorick, J.Jessop, E.Gray
Monday 28th October	C.Wethered, J.Bracken, A.Alley
Wednesday 30th October	J.Sharp, K.Grant, M.Breith
Friday 1st November	J.Gorick, L.Feint, L.Johnstone, R.Jenkins(am)
Monday 4th November	L.Kerr, M.Redgen
Wednesday 6th November	M.Breith, A.Telfer

## COMMUNITY NOTICES

### ABC Newcastle and Hunter Water

invite you to join the fight against water wastage.



With the start of water restrictions across the Lower Hunter for the first time in 25 years, it's time to take a stand.

Join ABC Newcastle and Hunter Water in their Water Warriors campaign, with the chance to win a \$10,000 water tank.

Entry forms will be available on ABC Newcastle's website from Monday 21 October 2019, and on our Facebook page.

<https://www.abc.net.au/radio/newcastle/become-a-water-warrior/11617090>

### CAN YOU HELP?

#### WANGI WANGI GUN EMPLACEMENTS VEGETATION MANAGEMENT TRAINING AND SITE VEGETATION CLEARING.

Lake Macquarie Council in conjunction with local groups will be conducting a conservation and interpretation project for the site. This project will include restoration of the site and the construction of interpretation signs around the site.

If you are interested in undertaking this training and help with the conservation of this important historical site please contact Wangi RSL on 4375 1686, Scott Munro on 0409 751 092 or Loraine Nelson on 0409 848 860 for further information.



### Santa's coming to Toronto Diggers...

**Saturday 23rd November**

Santa and his helpers will be collecting toys for disadvantaged kids and those in need throughout the Hunter

## Santa and Reindeers

arrive 1.30pm



All Donations welcome

Toronto Diggers will be taking donations from Monday 14th October or bring them on the day and have your photo taken with Santa !



We have an exciting event for our local children to come and enjoy in a safe and friendly environment.

Saturday 2nd November starting at 4pm.

Limited tickets are available and need to be pre-purchased from the Club. All children need to be accompanied by a responsible adult.

Grab your tickets, \$5 per child including Hot Dog, Fairy Floss, Snow Cone, Treat Bag

AND unlimited rides on inflatables. Photo booth \$5 per child for unlimited use. Parents, come along dressed up and join in the fun !!

1 Stilling St, Rathmines NSW  
2283



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# Active OOSH



Active OOSH Rathmines provides professional, cost effective child care for before school, after school and vacation care.

Wanting your child to be involved in extra curricular activities without the running around and cost, look no further then Active OOSH Rathmines. We aim to provide a wide variety of experiences to enhance children's development, encourage individual interests and foster independence. Some of our amazing programs include:

- Cooking classes
  - Little Einsteins (science)
    - Dance
    - Drama
    - Soccer
    - Art
    - Yoga
  - Homework Club
  - Active OOSHIES
- Plus much more!!!



BSC: 6:30am-9:00am ASC: 2:30pm-6:00pm  
 Please enquire via phone, email or facebook  
 Phone Number: 0438224914  
 Email: [activeooshrathmines@gmail.com](mailto:activeooshrathmines@gmail.com)  
 Facebook: Active OOSH Rathmines

Absence Note

My child ..... of class.....

was absent on (date/s).....

due to (reason).....

.....

.....

Signed (Parent / Guardian)..... Date:.....

.....

Absence Note

My child ..... of class.....

was absent on (date/s).....

due to (reason).....

.....

.....

Signed (Parent / Guardian)..... Date:.....

.....

Absence Note

My child ..... of class.....

was absent on (date/s).....

due to (reason).....

.....

.....

Signed (Parent / Guardian)..... Date:.....

# COMMUNITY NOTICES



Australian  
Childhood Anxiety  
TREATMENT STUDY

## Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

### About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

### About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.


Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

### Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:

 (07) 3735 3351

 [cadrp@griffith.edu.au](mailto:cadrp@griffith.edu.au)

 [griffith.edu.au/childhood-anxiety-treatment-study](http://griffith.edu.au/childhood-anxiety-treatment-study)



Australian Government  
National Health and  
Medical Research Council

 **Griffith**  
UNIVERSITY  
Queensland, Australia

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